

We claim:

1. A method of navigating locations previously accessed by an end user device which switches modes to access different locations, the method comprising the steps of :

a) providing a history menu containing menu items, at least one menu item being related to a location previously accessed by said end user device;

b) receiving an end user input selecting a selected menu item, said selected menu item being one of said at least one menu items relating to a location previously accessed by said end user device;

c) retrieving a record associated with said selected menu item, said record containing information related to said location; and

d) accessing said location using information related to said selected menu item.

2. A method according to claim 1 further including a step of switching a current mode of said end user device to a mode suitable for accessing said location

3. A method according to claim 2 wherein said step of switching is accomplished based on said information.

4. A method according to claim 1 wherein step d) further comprises the step of :
- launching a software application suitable for use in accessing said location

5. A method according to claim 4 wherein step d) further comprises the steps of:
- establishing a network connection to said location
- retrieving content from said location.

6. A method according to claim 4 wherein said software application is chosen from a group comprising:

- a web browser
- an email client
- entertainment software
- a personal information manager

7. A method according to claim 1 wherein said end user device is chosen from a group comprising:
 - a mobile telephone
 - a set top box (STB)
 - a personal digital assistant (PDA)
8. A method according to claim 1 wherein step d) further comprises the steps of:
 - retrieving channel information denoting said location
 - tuning said end user device to a channel referenced by said channel information
9. A method according to claim 8 wherein said location is said channel referenced by said channel information.
10. A method according to claim 8 wherein said channel is a television channel.
11. A method according to claim 8 wherein said channel provides information relating to a schedule of programs.
12. A graphical user interface for use in navigating locations previously accessed by an end user device which switches modes to access different locations, the user interface comprising:
 - a history menu containing menu items, at least one menu item being related to a location previously accessed by said end user device.

13. A user interface according to claim 12 wherein said history menu is only visible to an end user when said history menu is specifically activated by said end user.
14. A user interface according to claim 12 wherein the or each of said at least one menu item is described by text presented to an end user through said history menu.
15. A user interface according to claim 12 wherein at least one of said at least one menu item identifies a television channel.
16. A user interface according to claim 12 wherein at least one of said at least one menu item identifies a website address.
17. A user interface according to claim 12 wherein at least one of said at least one menu item identifies a specific software application.
18. A user interface according to claim 12 wherein activation of one of said at least one menu item executes a method for accessing said location, said method comprising the steps of:
 - a) switching a current mode of said end user device to a mode suitable for accessing said location
 - b) accessing said location using information related to said one of said at least one menu item.
19. A user interface according to claim 18 wherein step b) further comprises the step of :
 - launching a software application suitable for use in accessing said location
20. A user interface according to claim 18 wherein step b) further comprises the steps of:
 - establishing a network connection to said location
 - retrieving content from said location.

21. A user interface according to claim 19 wherein said software application is chosen from a group comprising:
- a web browser
 - an email client
 - entertainment software
 - a personal information manager
22. A user interface according to claim 18 wherein said method includes the step of retrieving a record associated with an activated menu item.
23. Computer readable media having encoded thereon computer readable code implementing a method of navigating locations previously accessed by an end user device which switches modes to access different locations, the method comprising the steps of :
- a) providing a history menu containing menu items, at least one menu item being related to a location previously accessed by said end user device;
 - b) receiving an end user input selecting a selected menu item, said selected menu item being one of said at least one menu items relating to a location previously accessed by said end user device;
 - c) retrieving a record associated with said selected menu item, said record containing information related to said location; and
 - d) accessing said location using information related to said selected menu item.
24. Computer readable media according to claim 23 wherein said method further includes a step of switching a current mode of said end user device to a mode suitable for accessing said location.
25. Computer readable media according to claim 24 wherein said step of switching is accomplished based on said information.

26. Computer readable media according to claim 23 wherein step d) further comprises the step of :
 - launching a software application suitable for use in accessing said location
27. Computer readable media according to claim 26 wherein step d) further comprises the steps of:
 - establishing a network connection to said location; and
 - retrieving content from said location.
28. A method according to claim 1 wherein said history menu is not viewable by an end user.
29. A method according to claim 1 wherein said history menu has sequential menu items each relating to locations previously accessed by said end user device.
30. A method according to claim 29 wherein said history menu is a log of previously accessed locations.
31. A method according to claim 30 wherein said end user input selects an immediately preceding item from said log.
32. A method according to claim 29 wherein said end user input selects an immediately succeeding item from said log.
33. Computer readable media according to claim 23 wherein said history menu has sequential menu items each relating to locations previously accessed by said end user device.
34. Computer readable media according to claim 33 wherein said history menu is a log of previously accessed locations.

35. Computer readable media according to claim 33 said end user input selects an immediately preceding item from said log.
36. Computer readable media according to claim 33 wherein said end user input selects an immediately succeeding item from said log.
37. A user interface for navigating locations previously accessed by an end user device which switches modes to access different locations, the user interface comprising:
- a first user activatable control for cycling through items in a log of previously accessed locations in a first direction;
 - a second user activatable control for cycling through said items in said log in a second direction;
- wherein
- said first and second controls interact with said end user device to access locations denoted by said items in said log when one of said first or second controls is activated.
38. A user interface according to claim 37 wherein at least one of said items in said log identifies a television address.
39. A user interface according to claim 37 wherein at least one of said items in said log identifies a website address.
40. A user interface according to claim 37 wherein at least one of said items in said log identifies a specific software applications.
41. A user interface according to claim 37 wherein activation of either one of said controls executes a method comprising:
- a) retrieving a record associated with a selected item from said log, said record containing

information relating to a location previously accessed by said end user device;

b) switching a current mode of said end user device to a mode suitable for accessing said location; and

c) accessing said location using information.